



Nurture for Today | Learning for Tomorrow | Character for Eternity

FROM OUR PRINCIPAL



Dale Skinner

I hope this newsletter finds you in good health and high spirits. As we navigate through this academic year, I wanted to take a moment to emphasise the importance of staying focused and maintaining a balanced life.

In a world where distractions are many, it's essential that we remain present and prioritise our time and energy on what truly matters. In staff worship, we were reminded of the story of Mary and Martha (Luke 10:38-42),

In this story, Jesus visits the home of Mary and Martha. Whilst Martha is busy with all the preparations, Mary sits at Jesus' feet, listening to his teachings. Martha becomes frustrated and asks Jesus to tell Mary to help her. However, Jesus gently reminds Martha that Mary has chosen the better part, focusing on his teachings and being present in the moment.

It's important to remain focused and present, not only in our academic pursuits, but also in our spiritual and personal lives. As a school community, let us strive to be more like Mary, who recognised the importance of being attentive in the moment. At the same time, let's appreciate the efforts of Martha, who was dedicated to serving others.

I encourage everyone to engage in their studies, participate in our school community, and nurture relationships with family and friends. Remember that balance is key.

I thank our teachers, staff, and parents who continually work together to create a nurturing and supportive environment. Your commitment to fostering growth, learning, and spiritual development is truly inspiring. May God bless each of you.

IMPORTANT DATES

NORTH MACKAY (SDA CHURCH) SERVICE
Saturday, 6th May
9:30am-11:00am

MOTHERS DAY STALL
Thursday, 11th May

MUFFINS WITH MUM (PRIMARY EVENT)
Friday, 12th May
1:30pm-3:00pm

ATHLETICS CARNIVAL
Wednesday, 24th May

BIGGEST MORNING TEA
Thursday, 25th May

ANNOUNCEMENTS



On Tuesday, 20th June we are hosting our first ever "Alphabet Ark"- This is a FREE Community event for preschool children, packed with entertainment and activities that the children are sure to enjoy.

Please visit our Facebook page and share the link with any families and friends that you believe may be interested in attending with their young children. Your support for our school is greatly appreciated.

Don't forget to FREELY REGISTER your child's attendance so we can prepare a little bag of goodies for them. Just Click on the link below and you'll be done in seconds.

<https://www.eventbrite.com/e/alphabet-ark-tickets-628375356607>



We'd like to invite all our PRIMARY Mum's or other significant women to our "Muffins with Mum" on Friday, 12th May. The afternoon will commence from 1:30pm-3:00pm on our school grounds.

Our mothers will get an opportunity to take a photo with their children in our special photo booth for \$5. The funds will go towards our Year 7/8 Camp.

From 1:30-2:15pm the Prep-Year 2 mums will enjoy a muffin and photo at our cafe (E2), whilst our mums in Grades 3-6 visit their children in their class for special activities.

From 2:15pm-3:00pm we will swap over. Mums in Grades 3-6 will enjoy their muffin and photo at the cafe (E2), whilst the Preps-Year 2 will move to their children's class for activities.

We look forward to welcoming our mums and other significant women on the day.

ANNOUNCEMENTS

Community ↔ Christ-Centred ↔ Thriving



Mother's Day Stall
Thursday, 11th May
Items from as low as 50c to \$10

 **CARLISLE ADVENTIST COLLEGE**


The P&F committee have been busy preparing our Mother's Day Stall for next Thursday, 11th May. All Primary and Secondary students will get the opportunity to purchase mum or the special lady in their lives a gift on the day.

With items ranging from 50c to \$10 there's something for everyone. Don't forget to send your child with some money on the day.

A BIG thanks to our P&F Committee for organising this special event to show our appreciation for our mothers.



ENROL NOW PREP 2024

 **CARLISLE ADVENTIST COLLEGE**

Seeking a personal, more intimate, Private Education?

NOW OPERATING 2 PREP CLASSROOMS

★★★★★

P-12 Campus under the ONE roof

THRIVING - CHRIST-CENTRED - LEARNING COMMUNITY

2024 will be the second consecutive year we are operating two Prep classrooms at Carlisle. It will also be the first time in our school's history that we have two Year 1 classes moving up.


We couldn't have made it this far without the support of all our families, students and staff.

If you know any families with children commencing Prep in 2024, please consider telling them about Carlisle.

Now is the time to get in touch while we still have availability. They can contact the office on (07) 4942-7455 or email reception@carlisle.qld.edu.au




P&F MEETING

 **SCHOOL**

Everyone is Welcome

MONDAY, 8TH MAY - 5PM (ROOM A1)

 **CARLISLE ADVENTIST COLLEGE**

This Monday, 8th May at 5pm we are having a P&F meeting in room A1. Everyone is welcome to join.

We value parent participation and feedback. Your enthusiasm and love for Carlisle helps make us a better school.

ANNOUNCEMENTS



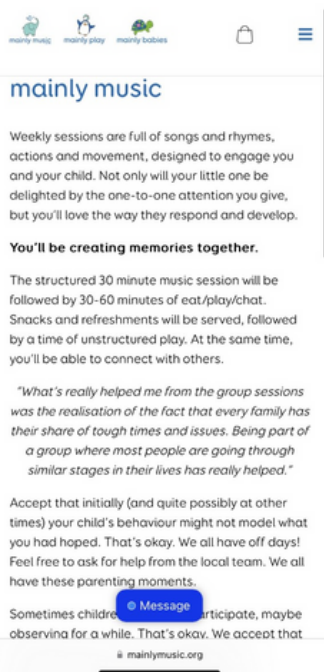
We are so excited to have Big Camp back on this year. The last time we held Big Camp was in 2019, so as you can expect, many people are looking forward to attending.

Throughout Big Camp each Division will be running activities, onsite and offsite, these are now available to purchase! Simply click on the link below and book your child's activities.

Big Camp/More Information - Northern Australian Conference of Seventh-day Adventists

LOOKING TO CONNECT WITH OTHER PARENTS, AND ENTERTAIN YOUR PRE-SCHOOLER?

THEN CONSIDER..... MAINLY MUSIC



Location: North Mackay Seventh Day Adventist Church Hall, 19 Holack St, North Mackay QLD 4740

Time: From 9:30 am to 10:45 am every Thursday during Term.

Cost: \$5 per family (not per child) each week and includes morning tea for kids and caregivers.

It's OPEN for babies to preschool age. You will just need to bring drinks for your little ones.

If anyone would like to learn more, please contact Kriselle on (0422968354).

ANNOUNCEMENTS

DON'T FORGET TO BOOK YOUR FAMILY PORTRAIT THROUGH OUR P&F FUNDRAISER!



We are holding a Family Photo Day

Wed 24th/Thur 25th May from 3pm



- ★ Your \$20 will go straight back to your school.
- ★ Option to purchase amazing value, digital poses and prints, obligation free.
- ★ No refunds available, due to the nature of our product.

ONLY \$20

QUALITY 8x12" FAMILY PHOTO & KEYRING LIMITED TO ONE PER FAMILY

BOOK YOUR FAVOURITE TIME ONLINE
click or copy/paste the below link:

www.trybooking.com/1038547

RETURN YOUR \$20 CASH
in an envelope marked 'Family Photos' including name, email, phone, preferred time, to:

Tuck Shop attn. Karen P&F


 1300 137 749
  www.laurajeon.com.au
 www.facebook.com/LaurajeonFundraising

If you haven't had a portrait at Carlisle before, here's your chance!

Quick, easily accessible, hassle free! A great way to ensure you have a 2 yearly update of your family portraits!

CLICK on the link below and secure your spot.

[Carlisle Adventist College, Beaconsfield 4740 Tickets, Carlisle Adventist College, BEACONSFIELD | TryBooking Australia](#)

ANZAC DAY PARADE



Last Wednesday, our school took part in the annual Anzac Day parade through the Mackay CBD. We had a very good representation of students with about 130+ in attendance. All up some 6000 people took part in the parade.

We'd like to thank all our students', families, and staff who were in attendance. Everyone did an outstanding job representing our school in the community whilst paying their respects to the past and present servicemen and women of this country.



TWILIGHT CAREERS EXPO



On Thursday, 27th April we held a Twilight Careers Expo on the school grounds. Thank you to all families, students and staff who were in attendance and made it an enjoyable evening.

The Expo offered our students a sample of career choices and post-secondary studies. There is a much larger Mackay Career Expo taking place on August 3rd and we look forward to presenting that to our students as well when the time arrives.

Big thanks to our SRC teams who were selling soup and buns on the night.



SENIOR VISUAL ARTS



Mrs Dianne Gauci

Senior visual art students got to enjoy an excursion around the Mackay district as part of their AIP and ATAR assessment. Prior to the excursion, students discussed different places within the community to visit. Each destination was to symbolise areas within the region that Mackay residents feel a sense of connection and belonging.



YEAR 9/10 DESIGN AND TECHNOLOGY



During this term, students in year 9/10 Design & Technology: Fashion and Design are being introduced to sustainability in sewing. Makarla was the first student to finish her bag using recycled pillowcases. As you can see the bag has been lined with a second pillowcase. Well done, Makarla.

"Mrs Dianne Gauci"

SPORTS



Mr Harry Neale/ Sports Coordinator

Last week, some of our students were involved in a few different off-campus sporting events. One of these events was the 'Whitsunday Schools Futsal Titles competition' held in Sarina.

Carlisle sent three teams—11's, 14's-, and 15-year-old boys—to play in the competition.

Huge thank you to Karen Poots and Che' Moffat for their support in getting our kids to and from the venue and for being there during the competition with our teachers, Mr Elwyn Youse and Mrs Annali McBride.

Our 11-year-olds, consisting of Oscar P, Hunter L, Jack T, Jasper B, and Noah Y, came 3rd in their pool.



The 11-year-olds team



Our 14 and 15-year-old teams consisting of Darien N, Daniel M, Jerome P, Gabriel M, Samuel P, and Logan R, reached the quarter-finals.



The 14-year-olds team with Mr Youse



The 15-year-olds team with Mr Youse

SOCCER



A huge Congratulations to Carter Hearne who participated in the Mackay Sub-District Soccer Trials held in Eimeo last Friday for 10-12-year-old boys. Carter qualified to represent Mackay at the Mackay District Carnival on 9th May for his age group.

CROSS COUNTRY MACKAY DISTRICTS



Last week was also the Mackay District Cross Country Trials. Those students that competed had a great day out and some were even able to advance to the next level.

Seth Galindo participated in the 14-year-old Boys, and though he did not place, he had a good time of it.

Also running in different age groups were Jillian M, Aurelie H, Jackson B and Sonny M.

Jillian ran 3 km in the 10 Years Girls category, as did Aurelie, with Aurelie getting a time that will take her to the next level of competition in the district.

Jackson and Sonny, both ran in the 12-Year-old Boys category. Sonny placed first in his age group and will compete at Capricornia State Trials later in the year.



DRESSAGE

Jillian (Year 5) and her pony had a successful dressage competition over the weekend, placing 1st in their class and winning the highest points in the Junior Riders category for the day.

CARLISLE'S WAY AWARDS

Community ↔ Christ-Centred ↔ Thriving



Remi S: For striving to do her best.



Ameriah W: For striving to do her best.



Dylan N: For being an enthusiastic learner and striving to do his best.



Monaeia S: For being service focused.

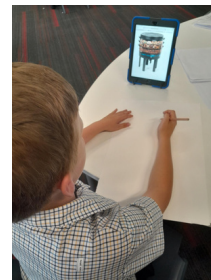


Tahlia P: For being service focused.

OSHC NEWS



Ms Fiona Gibbs/OSHC Coordinator



This term the children have continued their vacation care interest of sustainability and what that means for us at home and at school. The children have started an ongoing group project that they will work on together. Our theme is Taking care of the world, and our focus bible verse comes from 2 Corinthians 6:1 'We are workers together with God'. We are learning about all the little things that can make a big difference when we work together with those around us and with God to make the world a cleaner, happier place.

Thank you to the Keogh family who have donated a worm farm for the OSHC children, we are currently researching what we need and how we need to take care of it. Luca did an amazing job, drawing a worm farm for our sustainability project wall.

Over the Easter holidays many of the OSHC families went fishing or spent time at the beach, so we have been looking at different sea animals, and what we need to do to keep the ocean clean and the animals safe.

These activities led us to a conversation about the First Nations people of Australia, and how they took care of this country for thousands of years, how they lived, what they ate and how they protected the land in the harsh Australian environment. And as we have some keen fishermen here at OSHC we looked at the fish traps that the First nation people used from Brewarrina NSW, which is an example of a large fishing operation. If any parents are keen readers, I suggest a book by Bruce Pascoe called the Dark Emu.

We are looking forward to what learning experiences come next. If anyone has any ideas for our theme, please let us know. Just a friendly reminder that During Term 2 and Term 3, we close at 5.30pm on Fridays for sabbath. If you have any questions regarding this, please email me at fgibbs@carlisle.edu.edu.au



CARLISLE
ADVENTIST COLLEGE

VACATION CARE
JUNE/JULY 2023

Monday 26/06
Design Day

Learn to use a
Sewing
Machine

Tuesday 27/06
Pajama Party

Wednesday 28/06
**Fluffy slime
Playdough
Clay
Plasticine**

Thursday 22/06
**CLOSED
MACKAY
SHOW DAY**

**SORRY
WE'RE
CLOSED**

Friday 23/06
**Let's create
with Clay**

Thursday 29/06
**Paint your
own mug**

Friday 30/06
**Music and
Movement Day**

Making
instruments out
of recycled
objects

Monday 03/07
**NAIDOC
WEEK**

Please bring along
a photo of your
Grandparents

Tuesday 04/07
Baking Day

Make and
decorate
Biscuits
Cup cakes
Cookies

Wednesday 05/07
**Petting
ZOO**

\$15.00 EXTRA

Thursday 06/07
**REDUCE, REUSE,
RECYCLE**

**CREATE WITH
RECYCLED
ITEMS**

Friday 07/07
**Gardening
Day**

Monday 10/07
**Construction
Day**

Tuesday 11/07
**Talent
Show**

Wednesday 22/07
Group Project

Be apart of a
small group and
learn more
about the
values of being
apart of a team

Thursday 13/07
**Jumping
Castle**

\$15.00 EXTRA

Friday 14/07
**PIZZA
PARTY**

HEALTHY IDEAS



Mrs Kathryn Curtin/Primary Teacher

At Carlisle, we want to promote the healthy development of our students to help them with concentration and focus so they can grow to be the very best version of themselves.

We all know that when providing food to our young people, fresh is best however we understand that with our busy lifestyles, packaged foods can be a quick and convenient alternative when packing daily lunchboxes. Unfortunately, a lot of those packaged foods can contain loads of sneaky chemicals that can have side effects on our little one's bodies and behaviours.

Fortunately, there are some simple swaps that we can make by reading ingredients lists.

Here is this week's supermarket food swap and if anyone is in the mood for baking, we've got that covered too.

PREP: 15 min | COOK: 15 min | MAKES: 12

RECIPE MUMMA

BANANA BLENDER MUFFINS

- 2 very ripe bananas, skin on, stems removed, washed
- ½ cup milk of choice
- ⅓ cup tahini
- 2 tbsp olive oil
- 2 eggs
- 1 tbsp vanilla extract
- ⅓ cup maple syrup WET
- 1½ cups wholemeal self raising flour
- 2 tbsp cacao
- 1 tsp cinnamon DRY
- ½ cup chocolate chip

- 01 Preheat oven to 170°C.
- 02 Add all wet ingredients to a large blender. Blend until smooth.
- 03 Combine dry ingredients in a large bowl. Make a well in centre. Pour in wet mixture and stir until just combined.
- 04 Divide mixture across 12 greased muffin tin cups. Bake in the oven for 15 minutes.

DFO | NF




WATER,
 RECONSTITUTED FRUIT JUICE
 (PINEAPPLE (1.7%), ORANGE OR
 WATER EXTRACTED), ORANGE
 (8%), SUGAR, FOOD ACID (CITRIC
 ACID), VITAMIN C, NATURAL
 FLAVOUR, STABILISER (PECTIN).

ORANGES

start simple.
shop smart.